## Adams Menu Week of 8/17-8/23

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 17	August 18	August 19	August 20	August 21	August 22	August 23
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Oatmeal	Egg Bake	Cereal	Pancakes	Bacon, Egg &	Cereal	Muffins
Toast	Yogurt	Donuts	Sausage	Cheese Biscuit	Toast	Bacon
Fruit	Fruit Juice	Toast	Fruit	Yogurt	Fruit	Yogurt
Juice		Fruit	Juice	Fruit	Juice	Fruit
		Juice		Juice		Juice
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Pot Roast	BBQ Chicken	Chef Salad	Beef Tips & Rice	Grilled Ham &	Sausage Noodle	Garlic Parmesan
Mashed	Rice Pilaf	Breadstick	Veggie Medley	Cheese	Casserole	Drummies
Potatoes/Gravy	Veggie	Dessert	Dinner Roll	Cottage	Carrots	Onion Rings
Veggie	Dessert		Dessert	Cheese/Tomato	Dinner Roll	Tomato/Cucumber
PIE				Wedge	Dessert	Mix
				Dessert		Dessert
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sub Sandwich	Shrimp	Chicken	Pizza	Beef, Veggie Soup	Fish Sticks	BBQ Smokies
Chips	<b>Baked Potato</b>	Parmesan	Salad	French	Fries	Mac & Cheese
Lettuce/Tomato	Green Beans	Garlic Pasta	Breadstick	Bread/Butter	Side Salad	Corn
Dessert	Dessert	Cauliflower	Dessert	Dessert	Dessert	Dessert
		Dessert				





