

Meals for the Week

Terrace

March 17th through March 23rd

Day	Breakfast	Lunch	Dinner	Snacks
MON March 17th	Oatmeal, Sausage, Fruit, Juice	Corn Beef, Cabbage, Boiled Potatoes, Irish Apple Cake	Chili, Cornbread, Cake	
TUE March 18th	Cereal, Toast, Fruit, Juice	Taco Lasagna, Tortilla Chips + Salsa, Pudding	BBQ Pork Chops, Garlic Mashed Potatoes, Broccoli, Cookie	
WED March 19th	Ham + Cheese English Muffins, Fruit, Juice	Meatball Casserole, Side Salad, Bar	Teriyaki Chicken over Rice, Egg Roll, Peas, Mandarin Oranges	
THUR March 20th	Apple Cinnamon French Toast Bake, Sausage Patties, Yogurt, Juice	Chicken Kiev, Rice Pilaf, Green Beans, Cookie	Beef Stew, Dinner Rolls, Crackers, Bar	
FRI March 21st	Cereal, Toast, Fruit, Juice	Italian Chicken, Pasta Salad, Mixed Veggies, Jello	Fish Sticks, French Fries, Carrots, Cake	
SAT March 22nd	Waffles, Sausage, Fruit, Juice	BLT on Toast, Potato Chips, Coleslaw, Bar	Sloppy Joes, Tater Tots, Coleslaw, Cookie	
SUN March 23rd	Bacon + Cheese Egg Bake, Toast, Fruit, Juice	Meatloaf, Mashed Potatoes + Gravy, Corn, Cake	Chicken Salad Sandwich, Chips, Baked Beans, Pudding	