

# **Meals for the Week**

## **Nashwauk**

**February 24th through March 2nd**

Day	Breakfast	Lunch	Dinner	Snacks
<b>MON</b> <b>Feb 24th</b>	Pancakes, Bacon, Fruit, Juice	Sub Sandwiches, Chips, Cookie	Chicken Gravy over Biscuits, Vegetable, Dessert	
<b>TUE</b> <b>Feb 25th</b>	Cold Cereal, Toast, Fruit, Juice	Chicken Noodle Soup, French Bread, Dessert	BBQ Meatballs, Garlic Mashed Potatoes, Vegetable, Dessert	
<b>WED</b> <b>Feb 26th</b>	Omelet, Bacon, Toast, Fruit, Juice	Lemon Pepper Chicken, Parmesan Noodles, Vegetable, Dessert	Scalloped Potatoes/Ham, Vegetable, Butter Bread, Dessert	
<b>THUR</b> <b>Feb 27th</b>	Scrambled Eggs, Sausage, Toast, Fruit, Juice	Patty Melt, Fries, Pickle, Dessert	Lasagna, Garlic Bread, Side Salad, Dessert	
<b>FRI</b> <b>Feb 28th</b>	Cold Cereal, Toast, Fruit, Juice	Fish, Baked Potato, Coleslaw, Dessert	Smoked Sausage, Sauerkraut, Parslied Potatoes, Candied Carrots, Dessert	
<b>SAT</b> <b>Mar 1st</b>	Waffles, Bacon, Fruit, Juice	Pulled Pork on a Bun, French Fries, Coleslaw, Dessert	Beef Stroganoff, Noodles, Vegetable, Bread, Dessert	
<b>SUN</b> <b>Mar 2nd</b>	Cinnamon Rolls, Sausage, Fruit, Juice	Beef Roast, Boiled Potatoes, Gravy, Vegetables, French Bread, Pie	Potato Soup, Buttered Bread, Dessert	