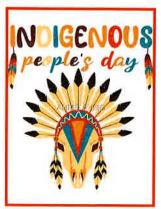
HILLCREST SUITES NEWSLETTER OCTOBER-2025







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EDITOR'S DESK

By Vicki Bruno

Residents, family, and friends,

It's officially the Fall season, so, let's have fun with some Fall activities. Because the weather is about to turn cold in the next months, exercise, on a regular basis is going to be very important. I have some new exercises to stretch you into tiptop shape. We will also be working on balance and cardio. So, join me every Monday, Wednesday and Friday and let's get into shape. Also, we will be making these fun Hallowjars the first week in October. Our cribbage club is off to a good start so show up on Fridays to join in the fun. Red Box Bingo was a big hit and our usual Dice Game, Staff Gone Fruity, and Family Feud will be continued along with some new games. We'll be cheering our favorite teams this football season and every Friday will be a time to support your favorite team. Let's have some fun and don't forget to join us as we celebrate Halloween with a Halloween party!



Vicki Bruno

Activity Coordinator

Why did the newsletter go to

Therapy?

Because it had so many issues!

SEPTEMBER IN REVIEW

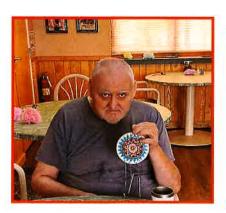
We started our month off making a fun origami hanging decoration.







And then we went on to make beautiful mandala wind chimes!







Q: Why did the newsletter become a detective?

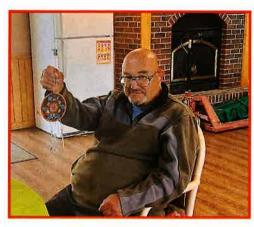
A: Because it loved to

'un-cover' stories!

SEPTEMBER IN REVIEW- CONTINUED







Check out these Fall leaf suncatchers that the residents made! And it's always fun when staff joins in the fun like new RA Jean did!











Riddle: What does a house wear?
Answer: Address.



The Dice Game has become a favorite, along with a new twist to bingo that we call "Red Box Bingo" where residents answer silly questions for hilly bills!

Our final craft for the month were these cute little Fall flower bouquets that the residents took back to their suites for decorations.





Q:Why are graveyards so noisy?

A: Because of all the coffin!

Q: Why is a cemetery the perfect place to write books?

A: Because it had great plots!

EMPLOYEE OF THE MONTH



This month the residents voted for Jordan, as their "Employee of the Month." "Jordan continually goes above and beyond" wrote one voter when asked why they nominated him. Other reasons listed were, "He is efficient and polite, kind and caring." Another pointed out that Jordan has a good bedside manner and was very trustworthy. Jordan has been an RA, serving the residents at Hillcrest Suites for seven months and is valued and appreciated by residents, staff, and administration Congratulations, Jordan on this well deserved honor. Keep up the great work!

RESIDENT OF THE MONTH



Congratulations Lori A, on being this month's featured resident. Lori is a young lady with multi-faceted interests, from surfing the internet to explore and learn to making a fashion statement. Lori loves shopping with her mother, taking care of animals, creating beautiful crafts and socializing with others, both in person and on the internet. She also loves putting together clothes, makeup, jewelry and other accessories to create her own look, making her quite the fashionista. Lori has an ear for listening and enjoys exploring the different opinions people have on various subjects. Don't let Lori's quiet and unassuming demeanor fool you because she is a beautiful, kind, and thoughtful person with so much warmth and depth and is not afraid to try new things or rise to any occasion. Again, congratulations Lori!

UPCOMING EVENTS

OCTOBER 2 HALLOWEEN SCRATCH ART

OCTOBER 7 HALLOW JAR CRAFT

OCTOBER 9 RED BOX BINGO

OCTOBER 10 RESIDENT COUNCIL

OCTOBER 13 HAPPY INDIGENOUS PEOPLE'S DAY

HAPPY COLUMBUS DAY

OCTOBER 23 MAKE A HALLOWEEN MAGNET

OCTOBER 24 RESIDENT COUNCIL

OCTOBER 30 MAKE YOUR OWN OOOEY, GOOOEY

SPOOKY DIRT CAKE

OCTOBER 31 HAPPY BIRTHDAY LORRI G

HAPPY HALLOWEEN PARTY

SNACKS & MORE STORE IS OPEN EVERY WEDNESDAY FROM

2:00 PM-3:00 PM

EXERCISE EVERY MONDAY, WEDNESDAY & FRIDAYS AT 10:30

AM

BIBLE STUDY IS EVERY TUESDAY & THURSDAY FROM 10:00-

11:00 AM



OCTOBER 2025

SUITES ACTIVITIES

SAT	4 10:30 Exercise 2:00 Yahtzee 7:00 Cards	11 10:30 Exercise 2:00 Jenga 7:00 Scrabble	18 10:30 Exercise 2:00 Yahtzee 7:00 Cards	25 10:30 Exercise 2:00 Jenga 7:00 Scrabble	
FRI	3 10:30 Exercise 2:00 Cribbage 7:00 Yahtzee	10 10:30 Exercise 2:00 Cribbage 5:00 Resident Council	17 10:30 Exercise 2:00 Cribbage 7:00 Yahtzee	24 10:30 Exercise 2:00 Cribbage 5:00 Resident Council	31 HAPPY BIRTH-DAY LORRI GHAPPY HAPPY HALLOWEEN
THU	2 10:00 Bible Study 2:00 Scratch Art 7:00 Monopoly	9 10:00 Bible Study 2:00 Red Box Bingo 7:00 Monopoly	16 10:00 Bible Study 2:00 Scratch Art 7:00 Monopoly	23 10:00 Bible Study 2:00 Halloween Magnet 7:00 Monopoly	30 10:00 Bible Study 2:00 Dirt Cake 7:00 Monopoly
WED	1 10:30 Exercise 2:00 Store 7:00 Giant Jenga	8 10:30 Exercise 2:00 Store 7:00 Giant Jenga	15 10:30 Exercise 2:00 Store 7:00 Giant Jenga	22 10:30 Exercise 2:00 Store 7:00 Giant Jenga	29 10:30 Exercise 2:00 Store 7:00 Giant Jenga
TUE		7 10:00 Bible Study 2:00 Hallow Jar Craft 7:00 Scrabble	14 10:00 Bible Study 2:00 Dice Game 7:00 Scrabble	21 10:00 Bible Study 2:00 Bingo 7:00 Scrabble	28 10:00 Bible Study 2:00 Dice Game 7:00 Scrabble
Mon		6 10:30 Exercise 2:00 Wild Tracking 7:00 Cards	13 COLUMBUS/ INDIGENOUS PEOPLES' DAY 10:30 Exercise 2:00 Wild Tracking 7:00 Cards	20 10:30 Exercise 2:00 Wild Tracking 7:00 Cards	27 10:30 Exercise 2:00 Wild Tracking 7:00 Cards
SUN	ALL ACTIVITIES ARE SUBJECT TO CHANGE	5 10:30 Exercise 2:00 Jenga 7:00 Scrabble	12 10:30 Exercise 2:00 Yahtzee 7:00 Cards	19 10:30 Exercise 2:00 Jenga 7:00 Scrabble	26 10:30 Exercise 2:00 Yahtzee 7:00 Cards



OCT 31
6:00-8:00 PM

HILLCREST SUITES

[Rock & Roll Hippie Theme, ghoulish games, freaky fun, and frightening food!]