# September 21st - 27th

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Blueberry Muffins Ham Fruit Juice	Sausage, Egg, and Cheese English Muffins Fruit Juice	Cereal Toast Fruit Juice	Ham and Cheese Brunch Bake Sausage Fruit Juice	Waffles Ham Fruit Juice	Cereal Donuts Fruit Juice	Scramble Eggs Hashbrowns Fruit Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Lasagna Side Salad Bread Stick Pie	Fried Chicken Onion Rings Coleslaw Bar	Pork Chops Mashed Potatoes and Gravy Carrots Frosted Cake	Lemon Pepper Chicken thighs Rice Veggie Blend Cookie	Shrimp Scampi over Noodles Broccoli French Bread Pudding	Fish Roasted Potatoes Salad Fruit Cup	BLT Wrap Fries Coleslaw Cookie
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Sub Sandwich Pasta Salad Chips Cookie	Beef Stroganoff over Egg Noodles Green Beans Dinner Roll Cake	Cheeseburgers Leaf Lettuce Sliced Tomatoes Baked Beans Coleslaw Brownies	Italian Pasta Salad Bread Stick Bar	Beef Enchiladas Mexican Rice Mexican Corn Strawberry Short Cake	Pizza Salad Bread Stick Cookie	Rigatoni with Meat Sauce Corn French Bread Bar

## September 28th - October 4th

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Oatmeal Toast Fruit Juice	Cinnamon rolls Sausage Yogurt Fruit Juice	Cereal Toast Fruit Juice	Scrambled Eggs Bacon Fruit Juice	Breakfast Burrito Sausage Fruit Juice	Cereal Toast Fruit Juice	Biscuit and Sausage Gravy Eggs Fruit Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Turkey Stuffing Cranberry Sauce Dinner Roll Pie	Chefs Salad Bread Stick Bar	California Burger with Cheese Steak Fries Coleslaw Cookie	Honey Chicken Rice Pilaf Carrots Frosted Cake	Mexican Pie Spanish Rice Dessert	BBQ Pork Chops Cheesy Hashbrowns Corn Bar	Sweet and Sour Chicken Over Rice Egg Roll Mandarin Oranges Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Corndog Mac and Cheese Coleslaw Cookie	Chicken Alfredo Over Fettucine French Bread Broccoli Jello	Chicken Strips Potato Salad Side Salad Ice Cream	Chili Corn Bread Saltine Crackers Jello	BBQ Hotdogs With Buns Baked Beans Chips Bar	Hamburger Rice Bake Green Beans Bread Stick Pudding	BLT Pasta Salad Chips Cookies

#### October 5th - October 11th

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
French Toast Sausage Patty Fruit Juice	Chocolate Malt O'Meal Sausage Links Fruit Juice	Cereal Toast Fruit Juice	Scrambled Eggs Hashbrowns Fruit Juice	Cream of Wheat Toast Fruit Juice	Cereal Toast Fruit Juice	Cheesy Omelet Bacon Fruit Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Meatloaf Mashed Potatoes and Gravy Carrots Dinner Roll Pie	Beef Stir Fry over Rice Broccoli Frosted Cake	Chicken Quesadilla with Sour Cream Mexican Rice Chips and Salsa Cookie	Tuna Melt with Cheese and Tomato Chips Frosted Cake	Pork Chops Loaded Mashed Potatoes Green Beans	Fish with Tartar Sauce Steak Fries Coleslaw Bar	Chicken Caesar Salad BreadStick Fruit Dessert
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Turkey and Swiss on Cran Rice Bread Rosemary Roasted Potatoes Chips Bar	Spaghetti with Meatsauce Buttered Corn Garlic Bread Whipped Jello	Shepards Pie Side Salad French Bread Bar	Swedish Meatballs over Egg Noodles Carrots Dinner Roll	Chili Dogs on a Bun Baked Beans Chips Pudding	Pizza Side Salad Garlic Bread Frosted Cake	Salisbury Steak Mashed Potatoes Green Beans Dinner Roll Cookie

#### October 12th - October 18th

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles Sausage Links Fruit Juice	Scrambled Eggs Toast Fruit Juice	Cereal Toast Fruit Juice	Chocolate Chip Pancake Sausage Links Fruit Juice	Biscuits And Gravy Scrambled Eggs Fruit Juice	Cereal Toast Fruit Juice	Egg and Cheese Crossant Bacon Fruit Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Country Steak with Gravy Mashed Potatoes Veggie Blend French Bread Pie	Egg Salad Sandwich Lettuce and Tomatoes Potato Wedges Coleslaw Bar	BBQ Chicken Breast Scalloped Potatoes Carrots Cookie	Orange Chicken Over Rice Egg Rolls Broccoli Frosted Cake	Chicken Bacon Ranch Wraps Lettuce, Tomato, and Cheese Pasta Salad Chips Cupcakes	Fish Fries Salad Cookie	Chili Sour Cream and Shredded Cheese Cornbread Crackers Bar
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Ala King Over Biscuites Buttered Corn Cake	Sweet and Sour Pork over Rice Blended Veggies Egg Roll Jello	Hamburger Gravy Over Mashed Potatoes Green Beans French Bread Pudding	Sloppy Joes on a Bun Coleslaw Fries/Tots	Goulash Green Beans Dinner Roll Jello	Nachos Sour Cream and Guac Spanish Rice Refried Beans Cookie	Breaded Chicken Sandwich Lettuce and Tomatoes Waffle Fries Coleslaw Pudding

#### October 19th - October 25th

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Chocolate Malt of Meal Toast Fruit Juice	Blueberry Lemon Coffee Cake Bacon Fruit Juice	Cereal Toast Fruit Juice	Breakfast Sandwich Sausage Fruit Juice	Sausage Gravy Pizza Eggs Fruit Juice	Cereal Donuts Fruit Juice	Egg Bake Toast Fruit Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Chicken Kiev Roasted Veggies Rosemary Potatoes Pie	Coconut Shrimp over Fried Pineapple Rice Green Beans French Bread Cookie	Creamy French Onion Chicken over Noodles Broccoli Garlic Bread	Baked Pineapple Ham Corn Scalloped Potatoes Bar	Pull pork Sandwich Baked Beans Coleslaw Nilla Pudding	Cobb Salad Dinner Roll Jello	Chicken Parmesan over Noodles French Bread Green Beans Bar
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Corn Dogs Mac and Cheese Coleslaw Brownies	Taco Salad Tortilla Chips Salsa Sour Cream Taco Sauce Fruit Juice Bar	Italian Baked Sub Sandwich Salad Chips Ice Cream Sherbet	Vegetable Beef Barley Soup Grilled Cheese Cookie	Chicken Pot Pie Steamed veggies Bar	Ham and Cheddar Wraps Cucumbers and Peppers Pea Salad Cake	Sausage and Sauerkraut Roasted Potatoes with Parsley Carrots Cake

#### October 26th - November 1st

Sunday	Monday	Tuesday	Wed	Thursday	Friday	Saturday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes Ham Fruit Juice	Quiche Sausage Toast Fruit Juice	Cereal Toast Fruit Juice	Coffee Cake Bacon Fruit Juice	Scrambled Eggs Sausage Patty Toast Fruit Juice	Cereal Donuts Fruit Juice	HashBrown Bake Sausage Links Toast Fruit Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Pot Roast Mashed Potatoes with Gravy Roasted Veggies Roll Pie	Chicken Fijitas Shredded Lettuce, Diced Tomatoes, Sour Cream Spanish Rice Bar	Tilapia Green Beans Creamy Garlic Pasta Bar	Chicken Noodle Soup Cheesy Bread Blueberry Short Cake	Club Wrap Cucumber and Tomatoes Salad Chips Ice Cream	Baked Salmon With Lemon Dill sauce Parsley Potatoes Broccoli Pudding	KFC Bowls Side Salad Biscuits Cake
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Cheesy Turkey Casserole French Bread Broccoli Cake	Tatertot Hot Dish Side Salad Cookie	Patty Melt with Carmelized Onions Leafy Lettuce and Tomatoes Fries Cookie	Scalloped Potatoes and Ham Asparagus Corn Bread Pudding	Sloppy Joes with Pickles Fries Coleslaw Cookie	BBQ Hot dogs w/Buns With diced onion and relish Chips Pasta Salad Brownies	Fish Sticks Potato Wedges Green Beans Bar